

The Birthing of a New Earth

'The times they are a changin' ... this song was made famous by Bob Dylan in the sixties during the hippie movement.. but is as relevant today.. (actually more so) as it was nearly 50 years ago.

As we move into the last years of the Mayan Calendar 'time' is speeding up, and as the frequencies of our Earth change, we are literally changing our lives from the ground up.. and don't we all know it ! More and more people on the planet are awakening to these new energies and their ability to consciously contribute to the evolutionary shift of our planet.

This year (2009) has been extra-ordinary year of change/growth for many ... so lets take a look at what has/is happening at present, and how we can consciously work with and assist in birthing a New Earth.

One Earth day is equivalent to 20 Earth days pre-1999

The Mayan Calendar, which is a calendar that charts the course of cosmic evolution (rather than necessarily chart time like our Gregorian Calendar) - shows us that since 1999 we have been moving through the 8th level of evolution (there are 9 levels in total).

As our consciousness expands, one Earth Day in the 8th level, is equivalent to nearly 20 Earth Days pre 1999. Thus every day we are growing at a rate that previously took us 20 days to experience. Or put another way, every 360 days in this 8th level is the equivalent of 20 years in the previous level. And yes, we are feeling this speed immensely.

What I personally find incredible, is as we move into the 9th level in February 2011, every 20 days will be equivalent to 360 days that we are experiencing right now.... as you can see, consciously trying to connect with this energy with your left brain (logic) is completely unfathomable... as your left brain has no reference point to make sense of the complexity of cosmic evolution in this sense.

The Energetics of 2009

What a huge year it has been so far, and for many this time has been very tumultuous. As we move toward the end of the 9th level, and the end of the Mayan Calendar within a few years you cannot help but ask the following question:

'If consciousness is growing at such a fast rate in 2009.... why have so many people on Earth experienced difficulties balancing/working with the energy this year '?

To answer this question, lets take a look at the energetics of 2009, and how this relates to our cosmic evolution.

As I wrote in my article [‘2009: The Magic of a Universal ‘11’ year’](#) - the master number 11 is the freedom of choice. The freedom to choose a path of truth, authenticity & Love or conversely to recoil in fear, pain and stagnation.’

The planetary alignment throughout 2009 also has placed many of us at crossroads - where we must choose between 2 perceived modes of being... in order to be the freedom our hearts so desire.

What we may perceive as a ‘painful year’ so far in 2009 has actually been a time of introspect for many, deep analysis and inner questioning about your life. With so many planets in air signs, it has made this period a somewhat ‘mental’ time, with deep thought, mental chatter and constant analysis sometimes dominating your daily life.

What our 2009 ‘11’ year thus far has facilitated is a ‘conscious’ awakening to aspects of your being that are no longer in alignment with your souls purpose on the planet (be it lifestyle, emotional, mental, physical choices)... and this may have been felt as ‘heaviness’ to many, or a deep grieving. For many this has resulted in experiences such a mild depression, sadness and loss. and physically created lethargy, lack of motivation and at times a feeling of being lost.

What we have been experiencing in 2009 so far is the collective energy of looking within, teasing out the old values or beliefs engrained within the consciousness of this planet and in a sense many sensitives have been a ‘surrogate’ of this process for the greater good of humanity. Thus at times this deep sadness and pain may have been experienced this year for no direct reason in your own life, but as a process of transmutation of these collective vibrations for the greater good of all.

The closer we move toward 2012, and embrace the birthing of 5Dimensional energies within our physical bodies... the sensitives/light workers will experience to varying degrees the collective transmutation of energy within their individual physical being. 5D energy is all about embracing your own soul purpose to its highest degree of resonance for your own growth in this lifetime AND doing so in acknowledgement of the growth of the collective ALL through the holographic field of creation.

So the perceived ‘painful’ experiences of our physicality this year, are really the embracing of spiritual growth individually and collectively. The challenges encountered are a sign that your soul and of course the collective soul are ready to embrace and own the shadow aspects of the indoctrined old belief systems here on Earth.... illuminating the darkness in order to break free of the bonds that inhibit your beingness.

Globing ‘tuning’ over the coming months

As we move into Aug/Sept/Oct.. as many of our planets move direct again, and the North Node has moved into Capricorn... we are being ‘tuned’ to create a ‘new’ collective vision that supports our evolution into the Golden Age.

Have you been feeling anxious recently, experiencing vivid dreams, panic attacks, clumsiness, electrics around you going haywire, a disconnection from daily life and an uncontrollable urge to eat? Well you are not alone, many on the planet are experiencing similar experiences... and here is why.

We are all conduits of electrical pulses from our Galactic Centre... and it is our bodies of light, our Crystalline Matrixes that facilitate the transmission of these electro energies to Earth. The reason our soul chose to have this physical experience here on Earth at this time, is to channel and anchor these cosmic emissions into the crystalline grid of Earth.

The recent eclipses we have experienced in the last couple of months have had a pronounced effect on these emissions (I call them [LOVE waves](#)). The eclipses have been conduits of increasing the intensity of these emissions... literally firing up their frequency here on Earth. As these emissions/vibratory waves move through us, our energetic bodies and hence physical body are vibrating at higher frequencies... bringing with it changes to our emotional, mental and physical states of being.

Every level of our being (physical and energetic bodies) are being tuned into a new frequency in preparation for the shift in consciousness that is happening now as we speak. Each of us is embracing collectively our soul purpose for being on Earth at this time.. the purpose of anchoring 5D energy on planet Earth.

In Lemurian times, we were unable to hold 5D energies within a physical body... when we worked with 5D frequencies our molecules would vibrate at such a fast rate the physical body would 'disappear'.. and hence we held 5D energies as a body of light. However for the first time on planet Earth, as we come to the end of a 225million year milky way cycle, 26,000 year grand precession of the equinoxes cycle, and 5,125 year Mayan calendar cycle... we have the opportunity to hold within our physical bodies here on Earth, 5D vibrations.

The recent eclipses, with their effect of cranking up the vibrational frequency of these galactic emissions received here Earth, have been integral facilitators of our cosmic evolution. The eclipse energy is helping us over the next 4-6 months to reweave these galactic emissions into our light bodies in order to re-wire our electrical fields to accommodate 5D vibrations within the physical.

Expect more of these 'downloads' over the next few years via eclipses, and new/full moon frequencies. These astrological alignments serve as gateways or portals that birth through us amplified vibrations that are tuning our energy fields and 'turning on' our DNA to embrace the 5D energy within the physical.

How to work with 'LOVE Waves'

Whilst we maybe experiencing 'surrogacy' for planetary ascension... and hence experiencing very real physical symptoms as we bring light to the shadow aspects of humanity... there are ways we can work with the energy to accelerate the process and most importantly bring a sense of joy, peace and grace to the ascension process.

You have chosen to have a physical experience on Earth at this time as we come to the end of major cycles of cosmic evolution to work directory via your Crystalline Matrix (energetic bodies) to channel galactic emissions to Earth. Your soul chose this physical experience in order to be a direct participant in shifting yourself, the Earth and hence all humanity from a 3D frequency into a 5D frequency... all contained within a physical reality.

As a channel of these galactic emissions (LOVE waves) you are facilitating a re-weave of your own energetic bodies AND being a direct conduit of these vibrations to Earth in order for Earth itself to re-weave its entire Crystalline Matrix (the electrical grid / Leylines of Earth). Then of course, as the frequency of Earth increases, the frequency of all life on Earth also increases... thus the rest of humanity is collectively being raised in vibration.

So how can you consciously work with the LOVE Waves ? The answer is very simple. All we need do at this time is anchor our body of light, our crystalline matrix to planet Earth. As we anchor and acknowledge our soul having a physical experience we become direct conscious conduits of the galactic emissions into Earth. As we anchor we facilitate the following:

- we also strengthen our own Crystalline Matrixes such that we can hold greater frequencies of light (ie 5D frequencies within a physical body).
- as conduits of light, we channel energy directly into the Earths grid accelerating Earths ascension process
- as Earths vibration increases, so too does the vibration of humanity.

Thus as you ground and anchor more light into Earth.. you are waking up the planet !

There are numerous ways to ground your body of light... by being in nature, working with crystals, consciously anchoring your energy in the physical, and eating whole foods. Often people mistakenly feel the need to raise their energy field 'upward' in order to grow spiritually, but just as the ancient civilisations did, the secret to spiritual growth and ascension is acknowledging our Earth, and intimate connection with her energy and anchoring to her crystalline grid.

These are truly exciting times that we live in, as we take an active role in visioning a new world for humanity, where collectively we live from the Divine Presence within.

*Taken from an article by Simone Matthews - [Universal Life Tools website:](http://www.universallifetools.com)
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