

# Critical Mass

Often, after what seems like a valiant effort to change, we continue to experience many of the same old problems. This causes self discouragement and self mis-trust in our own ability to change our own lives. At this point we feel like our efforts are futile and often give up on trying to improve or change conditions and situations. We let go of future visions and regress back into old, negative thinking patterns. We dwell more on our fears, problems, and challenges instead of empowering our goals, hopes, and dreams. As a result of the relapses, things appear to get worse, and in turn our situation appears even more hopeless. The particular universal law that governs the phenomena of this situation is "Critical Mass".

Everything is comprised of energy, vibration, and consciousness. When we explore a portion of the vast science of Quantum Physics, we learn that when something reaches "Critical Mass" there is an unstoppable shift that takes place. For instance, when an electron is increasing in vibration, the moment that it reaches critical mass, the entire electron is pulled up into a higher frequency, and nothing can stop it.

Critical Mass is 51%. When 51% of an electron is vibrating at a higher frequency, the remaining 49% is automatically absorbed into the new vibration. So how does this fact of Quantum Physics affect our ability to take charge of our own lives?

As we strive to improve our own lives, the same laws of Quantum Physics apply. When empowering a vision or a thought form (energy), whether hypnosis is employed or not, the moment that 51% of our energy, vibration, and consciousness is in alignment with the thought form or the vision, it reaches critical mass, and nothing can stop it from manifesting.

The problem is that it cannot be known exactly when we are going to reach the moment of critical mass. There are no "outer world" signs, and it may even appear as though we are far away from that instant of 51% transformation. It is usually during this transience that we feel our efforts are failing, and so we give up. Sometimes "Critical Mass" may be but one breath away, but we don't realise that, so we get discouraged and stop working to reach our goals, and so the vision or the dream is never manifested.

In practical terms, Critical Mass means that when we are striving to create something in our lives, the moment our thoughts, words, actions, and feelings are vibrating with 51% of any particular consciousness, our life circumstances shift and we experience the relevant change.

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